

Interpersonal Skills to Build Relationship



Latar Belakang:

Kemampuan untuk mengenali potensi sekaligus kekurangan diri menjadi modal utama dalam pekerjaan maupun karier. Jika Anda mampu mengenali kekuatan dan kelemahan diri sendiri, maka setengah kemenangan sudah di tangan. Anda akan mampu meningkatkan kemampuan komunikasi dan interaksi antar sesama rekan kerja, atasan, dan tim.

Pelatihan ini meningkatkan kemampuan interpersonal skill Anda untuk membangun sikap positif dalam bekerja, sekaligus menciptakan komunikasi yang efektif di lingkungan kerja.

Tujuan:

- Menanamkan sikap positif di tempat kerja
- Memahami potensi sekaligus kelemahan diri sendiri
- Mengenal dan memahami rekan kerja, atasan, dan tim
- Menciptakan alur komunikasi yang efektif di tempat kerja
- Membangun tim yang aktif dan engaged

Metode Pelatihan:

- Sesi pelatihan
- Diskusi dan quiz
- Forum tanya-jawab dan sharing

Hal yang didapatkan peserta training:

- Pre-reading
- Materi
- Lembar kerja (Handout)



Dapatkan tambahan diskon 5% saat registrasi & bayar di website QuBisa Corporate

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Workshop Outline:

Modul 1:

Introduction What Is Interpersonal Skills?

- Barriers effecting good interpersonal skills
- The consequences of poor interpersonal skills

How To Create Good Interpersonal

- Knowing yourself
- Self assessment: Johari Windows
- Understanding your personal profile
- Developing personal Branding

Modul 2:

Defining Communication

- Communication process
- Basic principles of communication

Keys of Effective Communication

- Good communication profile
- Your communication profile with DISC tools
- Role play : Flexing with others
- Verbal & Non Verbal Communicatio

Modul 3:

Nonverbal Communication

- Eye communication
- Gestures / facial expression
- Posture and movement

Active Listening

- Listening process
- Elements of good listening
- Role play : Be a good listener

Modul 4:

Developing Positive Attitude

- Attitude impact
- Positive & negative attitude
- Building positive attitude
- Maintain positive attitude at work
- Self motivation for success

DEVELOPING DIGITAL AGILITY IN PEOPLE:

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Experiential and Practical Learning Method



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Informasi Pendaftaran



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